

IFSP Regional Council by Service Area

Central: www.facebook.com/IFSPRegion4/

Counties: Amelia, Brunswick, Buckingham, Charlotte, Chesterfield, Charles City, Cumberland, Dinwiddie, Goochland, Greensville, Halifax, Hanover, Henrico, Lunenburg, Mecklenburg, New Kent, Nottoway, Powhatan, Prince Edward, Prince George, Sussex, Surry

Cities: Colonial Heights, Emporia, Hopewell, Petersburg, Richmond

Eastern: www.facebook.com/IFSPeasternregion/

Counties: Accomack, Essex, Gloucester, Isle of Wight, James City, King and Queen, King William, Lancaster, Mathews, Middlesex, Northampton, Northumberland, Richmond, Southampton, Westmoreland, York

Cities: Chesapeake, Franklin, Hampton, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, Williamsburg

Northern: www.facebook.com/IFSPnorthernregion/

Counties: Caroline, Clarke, Culpeper, Fauquier, Frederick, King George, Madison, Orange, Page, Rappahannock, Shenandoah, Spotsylvania, Stafford, Warren, Arlington, Fairfax, Loudoun, Prince William

Cities: Alexandria, Fairfax, Falls Church, Fredericksburg, Manassas, Manassas Park, Winchester

Southwestern:

www.facebook.com/southwesternifsp/

Counties: Bland, Botetourt, Bristol, Buchanan, Carroll, Craig, Dickenson, Floyd, Franklin, Giles, Grayson, Henry, Lee, Montgomery, Patrick, Pittsylvania, Pulaski, Radford, Roanoke, Russell, Salem, Scott, Smyth, Tazewell, Washington, Wise, Wythe

Cities: Bristol, Danville, Galax, Martinsville, Norton, Radford, Roanoke, Salem

Western:

www.facebook.com/VirginiaIFSPWesternRegion/

Counties: Albemarle, Alleghany, Amherst, Appomattox, Augusta, Bath, Bedford, Campbell, Fluvanna, Greene, Highland, Louisa, Nelson, Rockbridge, Rockingham

Cities: Bedford, Buena Vista, Charlottesville, Clifton Forge, Covington, Harrisonburg, Lexington, Lynchburg, Staunton, Waynesboro

STAY CONNECTED



Join our listserv:
<http://tinyurl.com/ifsplistserv>

Visit our website:
<http://dbhds.virginia.gov/developmental-services/ifsp>



THE INDIVIDUAL AND FAMILY SUPPORT PROGRAM



Virginia Department of
Behavioral Health &
Developmental Services



Our Mission: A life of possibilities for all Virginians

WHAT DOES THE INDIVIDUAL AND FAMILY SUPPORT PROGRAM DO?

Sometimes just knowing where to start can be hard.

That's why DBHDS created the Individual and Family Support Program (IFSP) to help families and individuals with developmental disabilities find supports and to connect with other families.

IFSP helps individuals and families by providing:

- 1) financial assistance,
- 2) education, Information, and referrals,
- 3) family mentoring, and
- 4) support for community action.

For more information about IFSP, visit:
<http://dbhds.virginia.gov/developmental-services/ifsp>

Supports for Individuals and Families



Financial Assistance

IFSP-Funding

IFSP-Funding provides direct assistance to families and individuals who are waiting to receive a waiver.

To receive updates about IFSP-Funding, please join our listserv:
<http://tinyurl.com/ifsplistserv>



Education, Information, and Referrals

My Life, My Community

IFSP partners with disAbilityNavigator to provide My Life, My Community, an online tool to help individuals and families gain knowledge and connect to resources in their communities. For more information, visit:
www.mylifemycommunityvirginia.org



Family Mentoring

The Family to Family Program

VCU's Center for Family Involvement houses the Family to Family Program that is staffed by families and people with disabilities who provide emotional, informational and systems navigational support so you can make the best choice for your child and family. For additional information, call (877) 567-1122 or visit www.centerforfamilyinvolvement.vcu.edu/family-to-family-network/.



Support for Community Action

IFSP-Community Coordination

IFSP supports family volunteers in its five regions across Virginia. These volunteers make up Councils that help individuals live, work, and play in their community. For more more information on the IFSP Councils, please see the links provided on this brochure for your local Regional Council's Facebook page.